

July 2020 Solstice Senior Living at Groton

		BE VIBRANT. BE YOU.			Solstice Senior Living at Groton	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOLSTICE SENIOR LIVING	425 Drozdyk Drive Groton, CT 06340 860-446-2889	Location Keys 1st floor apartments 2nd floor apartments 3rd floor apartments Around the Building Delivery Diving room Room Visits Television Room 1st fl 2nd fl 3rd fl Ard fl AB BB CR ROOM ROOM TR	9:00 Crossword Puzzles & Jumbles [LR] 10:00 Independent Exercise 10:30 Bingo [TR] 2:15 2nd floor Block Party & Happy Hour [2nd fl] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]	9:00 Crossword Puzzles & Jumbles [LR] 10:30 Light & Lively Exercise Class [TR] 2:00 Outdoor Concert by John Paolillio [AB] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]	9:00 Crossword Puzzles & Jumbles [LR] 10:00 Independent Exercise 10:30 Bingo [TR] 2:00 Ice Cream Social [D] 4:00 Solstice Strollers/ Nature Walk and Photos [AB] 8:30 Small Fireworks Display	Independence Day 9:00 Crossword Puzzles & Jumbles [LR] 10:00 Independent Exercise 10:30 Bobby Kennedy for President [TR] 2:15 3rd floor Block Party & Happy Hour [3rd fl] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]
9:00 Crossword Puzzles & Jumbles Challenge [LR] 10:00 Sunday Morning strolls [AB] 11:00 A Time for Prayer 2:15 Word Search Challenge [RV]	9:00 Crossword Puzzles & Jumbles [LR] 10:00 Independent Exercise 2:15 Artistic packets [D] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]	9:00 Crossword Puzzles & Jumbles [LR] 10:30 Light & Lively Exercise Class [TR] 2:15 1st floor Block Party & Happy Hour [1st fl] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]	9:00 Crossword Puzzles & Jumbles [LR] 10:00 Independent Exercise 10:30 Bingo [TR] 2:15 2nd floor Block Party & Happy Hour [2nd fl] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]	9:00 Crossword Puzzles & Jumbles [LR] 10:30 Light & Lively Exercise Class [TR] 2:15 3rd floor Block Party & Happy Hour [3rd fl] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]	9:00 Crossword Puzzles & Jumbles [LR] 10:00 Independent Exercise 10:30 Bingo [TR] 12:00 Activity Agenda [D] 2:00 Ice Cream Social [D] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]	9:00 Crossword Puzzles & Jumbles [LR] 10:00 Independent Exercise 10:30 Beak & Brain [TR] 2:30 Trivia Fun [RV] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]
9:00 Crossword Puzzles & Jumbles Challenge [LR] 10:00 Sunday Morning strolls [AB] 11:00 A Time for Prayer 2:15 Word Search Challenge [RV]	9:00 Crossword Puzzles & Jumbles [LR] 10:00 Independent Exercise 2:15 Artistic packets [D] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]	Puzzles & Jumbles [LR]	9:00 Crossword Puzzles & Jumbles [LR] 10:00 Independent Exercise 10:30 Bingo [TR] 2:15 2nd floor Block Party & Happy Hour [2nd fl] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]	9:00 Crossword Puzzles & Jumbles [LR] 10:30 Light & Lively Exercise Class [TR] 12:00 All Resident Agenda [D] 2:15 3rd floor Block Party & Happy Hour [3rd fl] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]	9:00 Crossword Puzzles & Jumbles [LR] 10:00 Independent Exercise 10:30 Bingo [TR] 2:00 Ice Cream Social Sponsored by Kindred [D] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]	9:00 Crossword Puzzles & Jumbles [LR] 10:00 Independent Exercise 10:30 Night on Earth [TR] 2:15 Now that's Funny [RV] 4:00 Solstice Strollers/ Nature Walk and Photos [AB]
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